



Dear Parents and Guardians,

Fall Break is Here! To help your child stay engaged in fun and meaningful learning while at home, we are sending a Fall Break Choice Board. The activities are designed to be short, playful, and easy to do with items you may already have at home.

Purpose of the Plan

These activities support reading, math, science, motor and social skills through play and hands-on experiences. It also provides structure for your child's days at home while keeping learning fun and playful. By using it, you are giving your child meaningful opportunities to stay engaged, build independence, and strengthen the connection between home and school. Please use this choice board to keep your child engaged and learning while school is not in session.

Directions

- Look over the choice board together. Review the different activities with your child and let them help choose which ones they'd like to try.
- Select at least 1-2 activities each day. *Children do not need to complete a whole row or the whole board in one day.
- Celebrate their efforts in engaging with the activities. Praise them for trying. Every attempt builds confidence and skills.
- Share pictures or notes with your child's teacher about what they tried. This helps teachers see their learning and celebrate together.

Your support in helping us maintain consistency in learning is greatly appreciated. Together, we can ensure our children stay on track during the Fall Break.

Best Regards,





Office of Early Learning



PreK Fall Break Learning

October 13-17, 2025

Directions: Select and complete at least 1-2 activities each day.

Literacy	Numeracy	Science	Social Emotional	Motor Skills
 <p>Read a fall-themed book like Leaf Man, by Lois Ehlert. Ask your child to retell the story.</p>	<p>Use pumpkin seeds (real or craft ones) to count, sort, and make groups of 2, 5, or 10.</p>	<p>Collect different leaves, compare their colors, shapes, and sizes, and talk about why leaves change in the fall.</p>	<p>Draw a simple picture of your family doing something in fall. Encourage your child to share what makes them happy with family.</p>	 <p>Use tongs or spoons to move apples (real or toy) from one bowl to another.</p>
<p>Write letters on paper leaves and hide them around the house. Have your child “rake” them up and name the letters.</p>	<p>Gather leaves or any other object that represents fall that can be found around the home. Order them from smallest to largest.</p>	<p>Fill a tub of water (with supervision) and let your child guess if objects (pumpkin, apple, pinecone, toy) will sink or float.</p>	<p>Cut out paper leaves. Write or draw something your child is thankful for on each and hang them on a branch or wall.</p>	<p>Toss balled-up paper leaves (or beanbags) into a basket. Extend that activity by counting all the balled-up paper in the basket.</p>
<p>Write your child’s name on a paper leaf, cut it into pieces, and let them put it back together.</p>	<p>Roll a dice, count the dots, and place that many apple slices or toy apples into a basket.</p>	<p>Apple Taste Test: Try red, green, and yellow apples. Compare the taste (sweet, sour, crunchy). Discuss the comparisons.</p>	<p>Encourage your child to do a “kindness job” each day (help set the table, share a toy, give a hug).</p>	<p>Play “freeze” by stretching arms and legs wide like a scarecrow until the music stops.</p>
 <p>Pick a letter sound (like “M”) and go on a house/yard hunt for things that start with that sound.</p>	<p>Draw or cut out paper pumpkins and write a number on each one. Have your child place that many buttons, beads, or cereal pieces on top of the pumpkin.</p>	<p>Take a walk in the park or the neighborhood and encourage your child to notice sounds, colors, and textures.</p>	<p>Draw a scarecrow face showing different feelings (happy, sad, surprised) and talk about when your child feels those ways.</p>	 <p>Place paper pumpkins on the floor and let kids hop from one to another like stepping stones.</p>